

Tuesday	Wednesday	Thursday	Friday
--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 *Wheat --- Pancake & Turkey Sausage Breakfast Stick Carbs: 16 *Milk, Soybeans, Eggs, Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 *Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 *Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 *Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 *Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 *Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 *Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 *Wheat --- Kellogg's Eggo French Toast Chocolate Chip French Toast Mini Carbs: 35 *Milk, Soybeans, Eggs, Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 *Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 *Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 *Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 *Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 *Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 *Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 *Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 *Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 *Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 *Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 *Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 *Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 *Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 *Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 *Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 *Milk, Soybeans, Eggs, Wheat ---

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--- Entrees --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	--- Entrees --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	--- Entrees --- Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Pillsbury(TM) Freezer-to- Oven Whole Grain Cinnamon Roll Dough Carbs: 36 * Milk, Soybeans, Eggs, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	--- Entrees --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27

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----Sides---- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	----Sides---- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	----Sides---- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	----Sides---- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---

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--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---

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--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- Kellogg's Eggo Waffles Cinnamon Toast 2.64oz Carbs: 35 * Milk, Soybeans, Eggs, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Soybeans, Eggs, Wheat --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Pillsbury Frozen Meals Mini Cinnis Single Serve Pouch Caramelo Carbs: 35 * Milk, Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- French Toast, Trix Berry Blast Mini IW Carbs: 36 * Milk, Soybeans, Eggs, Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---

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--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat Kellogg's Eggo Waffles Whole Grain Froot Loop 2.6oz Carbs: 32 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Pillsbury(TM) Freezer-to- Oven Whole Grain Cinnamon Roll Dough Carbs: 36 * Milk, Soybeans, Eggs, Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---

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--- Entrees --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	--- Entrees --- Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Pancake & Turkey Sausage Breakfast Stick Carbs: 16 * Milk, Soybeans, Eggs, Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	--- Entrees --- Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Kellogg's Eggo French Toast Chocolate Chip French Toast Mini Carbs: 35 * Milk, Soybeans, Eggs, Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	--- Entrees --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	--- Entrees --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27

Monday	Tuesday	Wednesday	Thursday	Friday
--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk

Monday	Tuesday	Wednesday	Thursday	Friday
--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat --- Kellogg's Eggo Waffles Cinnamon Toast 2.64oz Carbs: 35 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat --- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- Strawberry Mini Pancakes WG Carbs: 39 * Milk, Soybeans, Eggs, Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- Pillsbury Frozen Meals Mini Cinnis Single Serve Pouch Caramelo Carbs: 35 * Milk, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat --- Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat --- Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 --- Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat --- Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat --- French Toast, Trix Berry Blast Mini IW Carbs: 36 * Milk, Soybeans, Eggs, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
---- Entrees ---- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---- Sides ---- Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	---- Entrees ---- Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Early Riser, Hash Brown Patty Stuffed Breaded w/Egg Cheese F Carbs: 24 * Milk, Eggs, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---- Sides ---- Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	---- Entrees ---- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---- Sides ---- Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	---- Entrees ---- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---- Sides ---- Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	---- Entrees ---- MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---- Sides ---- Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27

Monday	Tuesday	Wednesday	Thursday	Friday
--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	--- Sides --- Apples, Fresh, 100 Count, Sliced Carbs: 9 --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 --- Mozzarella String Cheese Stick TWP Carbs: 2 * Milk --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 --- Orange Juice, Individual Cups, Frozen Carbs: 14 --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---